



PERSONAL OR SMALL GROUP GUIDE FOR ASSEMBLING CARE PACKAGES FOR THE HOMELESS

ITEMS TO CONSIDER INCLUDING

TOILETRIES:

- TOOTHBRUSH
- TOOTHPASTE
- FLOSS
- SOAP
- DEODORANT
- SHAMPOO/CONDITIONER
- COMB
- PERSONAL HYGIENE ITEMS FOR WOMEN
- SUNSCREEN
- CHAPSTICK

PERSONAL ITEMS:

- NEW SOCKS
- NEW UNDERWEAR
- INEXPENSIVE GLOVES
- MANICURE KIT
- HAT
- SUNGLASSES

NON-PERISHABLE FOODS:

- INSTANT OATMEAL PACKS
- GRANOLA BARS
- ENERGY BARS
- TUNA/CRACKER PACKS
- TRAIL MIX
- RAISINS
- PEANUTS
- FRUIT/ APPLESAUCE (WITH SPOON)
- GUM/HARD CANDY
- HOT COCOA/SPICED CIDER MIXES
- ON-THE-GO COFFEE MIXES
- TEA PACKETS
- BEEF JERKY STICKS

EXTRAS:

- NOTE OF ENCOURAGEMENT
- LIST OF LOCAL RESOURCES
- PREPAID PHONE CARD
- BUS PASS
- GIFT CARDS TO A RESTAURANT (\$10)
- GALLON SIZE ZIPLOC BAG
- BOTTLE OF WATER
- BAND-AIDS
- WASH CLOTH

**Travel size toiletries work great*

NOT THESE ITEMS: MOUTHWASH, BABY WIPES, HAND SANITIZERS, HAND WARMERS

MAKE THEM PERSONAL



WRITE A PERSONAL NOTE AND/OR PRAYER



INCLUDE A BIBLE VERSE (LIST ON THE BACK)

WHAT TO DO WITH THE CARE PACKAGES



KEEP SOME READY TO GIVE IN YOUR VEHICLE



DONATE THEM TO A LOCAL SERVICE ORGANIZATION

IE. ALLAN LAW (THE SANDWICH MAN), UNION GOSPEL MISSION, DOROTHY DAY CENTER
(612) 423-9923 (651) 228-1800 651-647-2350



SOME VERSES TO CONSIDER INCLUDING

May the Lord bless you and protect you.
May the Lord smile on you and be gracious to you.
May the Lord show you his favor and
give you his peace.’
Numbers 6:24-26

Do not be afraid or discouraged, for the LORD will
personally go ahead of you. He will be with you; he
will neither fail you nor abandon you.
Deuteronomy 31:8

This is my command—be strong and courageous!
Do not be afraid or discouraged. For the LORD your
God is with you wherever you go. Joshua 1:9

The LORD is a shelter for the oppressed,
a refuge in times of trouble. Psalm 9:9

Have mercy on me, O God,
because of your unfailing love.
Because of your great compassion,
blot out the stain of my sins.
Wash me clean from my guilt.
Purify me from my sin. Psalm 51:1-2

Purify me from my sins, and I will be clean;
wash me, and I will be whiter than snow.
Psalm 51:7

Create in me a clean heart, O God.
Renew a loyal spirit within me. Psalm 51:10

Give your burdens to the LORD,
and he will take care of you.
He will not permit the godly to slip and fall.
Psalm 55:22

“Come now, let’s settle this,”
says the LORD.
“Though your sins are like scarlet,
I will make them as white as snow.
Though they are red like crimson,
I will make them as white as wool. Isaiah 1:18

Don’t be afraid, for I am with you.
Don’t be discouraged, for I am your God.
I will strengthen you and help you.
I will hold you up with my victorious right hand.
Isaiah 41:10

“My thoughts are nothing like your thoughts,”
says the LORD.

“And my ways are far beyond anything
you could imagine.

For just as the heavens are higher than the earth,
so my ways are higher than your ways
and my thoughts higher than your thoughts.
Isaiah 55:8-9

Then I will sprinkle clean water on you, and you will
be clean. Your filth will be washed away, and you will
no longer worship idols. Ezekiel 36:25

Then Jesus said, “Come to me, all of you who are
weary and carry heavy burdens, and I will give you
rest. Take my yoke upon you. Let me teach you,
because I am humble and gentle at heart, and you
will find rest for your souls. Matthew 11:28-29

I am leaving you with a gift—peace of mind and
heart. And the peace I give is a gift the world cannot
give. So don’t be troubled or afraid. John 14:27

I have told you all this so that you may have peace in
me. Here on earth you will have many trials and
sorrows. But take heart, because I have overcome
the world. John 16:33

What are you waiting for? Get up and be baptized.
Have your sins washed away by calling on the name
of the Lord. Acts 22:16

I pray that God, the source of hope, will fill you
completely with joy and peace because you trust in
him. Then you will overflow with confident hope
through the power of the Holy Spirit. Romans 15:13